

OUR MISSION

The mission of the Mental Health Association of Essex and Morris, Inc. is to promote mental health, including the integration of physical healthcare, to improve the care and treatment of individuals with mental illness, and to remove the stigma associated with emotional and mental disorders. We, as a community organization, accomplish our mission through advocacy, education, prevention, early intervention, treatment and service.



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ICMS



*Mental Illness is real...
Recovery is possible.*

Integrated Case Management Services

What is Case Management?

Integrated Case Management is an assertive outreach program which emphasizes assessment, advocacy, empowerment, referral, linkage, and supportive counseling. This voluntary program is designed to assist people in their recovery based on individual needs and interests.

All clients are assigned a primary Case Manager who makes referrals and linkages, as well as offers ongoing assistance and support.

Although ICMS will bill Medicaid if a person is eligible, there is no out of pocket cost for this service.

Goals of Case Management

- ▶ Engage and provide referrals, linkages and support to individuals with mental illness.
- ▶ Enable a smooth transition through all phases of illness and recovery.
- ▶ Empower persons with mental illness to independently manage their own lives in the way they choose.
- ▶ Address the specific needs of the person and assist in service procurement, delivery, coordination, and integration.

Services Provided:

- ▶ Engagement via outreach
- ▶ Systems advocacy
- ▶ Referral and linkage to needed services
- ▶ Coordination and monitoring of service delivery
- ▶ Medication education
- ▶ Education to assist in understanding the recovery process
- ▶ Service planning with emphasis on personal wellness
- ▶ Psycho-education
- ▶ Collaboration with other providers to assure continuity of care
- ▶ Assistance obtaining available financial resources and entitlements
- ▶ Addictions education
- ▶ Family and significant other education, support, and collaboration
- ▶ Supportive counseling

Who is Eligible for ICMS?

Individuals referred to ICMS must:

- ▶ Have a serious mental illness for at least 12 months.
- ▶ Have a diagnosis of schizophrenia (or other psychotic disorder), major depressive or bipolar disorders.
- ▶ Be 18 years of age or older.
- ▶ Be an Essex, Morris, or Passaic County resident.

How to Make a Referral:

Referrals from State and County Hospitals are made automatically. All others wanting to make a referral may contact the ICMS office at:

Essex: 973-676-9111 x651

Morris: 973-334-3496 x651

Passaic: 973-470-3522 x303

or ICMS@mhaessexmorris.org

