

Prospect House, a Psychosocial Rehabilitation Program, empowers the individual to identify life goals by providing the necessary environment and interventions. An individual's quality of life and functioning will be enhanced by increasing independence through the ability to self manage their psychiatric illness. We recognize the capacity of every individual to grow and learn. Re-integration into the community is achieved by social and vocational skills training. Through family and community education, the detrimental effects of the stigma associated with psychiatric illness will be lessened.



**Contact /
Referral Information:**

Contact the Prospect House
Program Director at:

973-674-8067 x201

or

PROSPECT@mhaessexmorris.org



A Psychosocial Rehabilitation
Program for Individuals
Diagnosed with a Mental Illness

424 Main Street
East Orange, NJ 07018
973-674-8067 x201
Fax: 973-677-7719

Prospect House is a program designed to meet the needs of individuals who have been psychiatrically hospitalized and those with severe and persistent mental illness.

Our Goal:

- To provide support and to foster the development of skills which enable individuals to live successfully within the community.
- To reduce the need for hospitalization and re-hospitalization.

Our Services:

- Psychosocial rehabilitation is the treatment modality of Prospect House.
- Our members participate in a therapeutic community. The program is designed to facilitate growth by helping members to join together to perform necessary skills required in the community.
- Each member has a role and purpose in contributing to Prospect House.

Prospect House Offers:

- Pre-vocational training and opportunities
- Case management services for obtaining/maintaining housing and finances
- Educational support services
- Social skills development
- Individual and group counseling
- Medication services
- Family consultation
- Services for the elderly population
- Substance support and referral

History of Prospect House:

Prospect House was developed in the early 60s to meet the needs of many individuals discharged from state and county psychiatric hospitals. The program has grown to become one of the largest psychiatric rehabilitation programs in New Jersey.

Prospect House, a program of the Mental Health Association of Essex and Morris, Inc. (MHAEM), is located in East Orange, New Jersey. MHAEM has facilities in several suburban locations serving clients with family and individual problems.

