Contact / Referral Information:

Essex Office
80 Main Street, Suite 370
West Orange, NJ 07052
973-509-3777 x600
Fax: 973-325-3079

Morris Office
300 Littleton Road, 3rd Floor
Parsippany, NJ 07054
973-334-3496 x600
Fax: 973-334-4920

Or email us at CSS@mhainspire.org

The mission of the Mental Health Association is to promote mental health, including the integration of physical healthcare, to improve the care and treatment of individuals with mental illness, and to remove the stigma associated with emotional and mental disorders.

We, as a community organization, accomplish our mission through advocacy, education, prevention, early intervention, treatment, and service.

www.MHAinspire.org

Community Support Services

For individuals living with a mental illness to obtain affordable housing.

GOALS

HOUSING

SERVICES

MHA
MENTAL HEALTH ASSOCIATION
INSPIRING HOPE AND HEALING

Community Support Services

Community Support Services (CSS) aims to increase accessibility to quality, affordable housing in Essex and Morris Counties to individuals diagnosed with a serious and persistent mental illness while providing comprehensive, high-quality mental health services.

CSS believes that support and access to a safe, affordable living environment, an individual in recovery will be able to live in the community and achieve a higher quality of life.

GOALS

The goal of CSS is to assist individuals who are currently hospitalized, homeless, or living in sub-standard housing in gaining access to affordable housing.

ELIGIBILITY

CSS is open to individuals 18 and older, living in Essex or Morris County, who are diagnosed with a mental illness.

HOURS

Essex
Monday - Friday: 8am - 7pm
Saturday & Sunday: 9am - 5pm

Morris
Monday - Friday: 9am - 5pm

CSS staff members are available 24 hours a day, seven days a week, including holidays and weekends for support, crisis intervention, including on-site and off-site supports via telephone, face-to-face contact and contacts with caregivers and care service providers.

CSS SERVICES

- Recovery Management
- Psychiatric Monitoring
- Consumer Psycho-education and Support
- Family/Significant Other Education and Support
- Consumer Advocacy
- Employment, Volunteer, and Educational Opportunities
- Life Skills Development
- Symptoms Assessment, Management, and Supportive Counseling
- Social, Recreational, Leisure Activities