

## Contact / Referral Information:

### Essex Office

80 Main Street, Suite 500  
West Orange, NJ 07052  
973-676-9111 x651  
Fax: 973-669-7305

### Morris Office

300 Littleton Road, 3rd Floor  
Parsippany, NJ 07054  
973-334-3496 x651  
Fax: 973-334-4920

### Passaic Office

1373 Broad Street, Suite 312  
Clifton, NJ 07013  
973-470-3142 x302  
Fax: 973-470-3560

Or email us at [ICMS@mhainspire.org](mailto:ICMS@mhainspire.org)

The mission of the Mental Health Association is to promote mental health, including the integration of physical healthcare, to improve the care and treatment of individuals with mental illness, and to remove the stigma associated with emotional and mental disorders.

We, as a community organization, accomplish our mission through advocacy, education, prevention, early intervention, treatment, and service.



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[www.MHAinspire.org](http://www.MHAinspire.org)

## Integrated Case Management Services

Comprehensive network of support advocacy, referral, and intervention to adults being discharged from mental healthcare facilities.

CASE MANAGEMENT

SERVICES



## Integrated Case Management Services

Integrated Case Management Services (ICMS) is an assertive outreach program which emphasizes assessment, advocacy, empowerment, referral, linkage, and supportive counseling.

Services are designed to assist adults in their recovery based on individual needs and interests and helping them gain access to medical, social, educational, housing and other services and resources available to them.



## SERVICES

ICMS services include but are not limited to Community/ In home outreach; Systems Advocacy; Coordination and monitoring of service delivery; Medication and illness education to individuals and their families; Service panning with an emphasis on personal wellness.



## ELIGIBILITY

Individuals referred to ICMS must be 18 or older, resident of Essex, Morris, or Passaic County, and have a diagnosis of a psychotic disorder, major depressive, or bipolar disorders for at least 12 months.

ICMS services are provided predominantly off-site in the consumer's natural environment ("in-vivo") and have no out of pocket cost to the individual.

## GOALS OF CASE MANAGEMENT

- Engage and provide referrals, linkages and support.
- Enable a smooth transition through all phases of illness and recovery.
- Empower persons with mental illness to independently manage their own lives in the way they choose.
- Address the specific needs and assist in service procurement, delivery, coordination, and integration.

