

Contact / Referral Information:

Main Office

33 South Fullerton Ave
Montclair, NJ 07042
973-509-9777

Or email us at RCC@mhainspire.org



The mission of the Mental Health Association is to promote mental health, including the integration of physical healthcare, to improve the care and treatment of individuals with mental illness, and to remove the stigma associated with emotional and mental disorders.

We, as a community organization, accomplish our mission through advocacy, education, prevention, early intervention, treatment, and service.



www.MHAinspire.org

Riskin Children's Center

Comprehensive services
dedicated to the mental health
of children and teens.

ASSESSMENT

THERAPIES

PARENTING SKILLS

MHA
MENTAL HEALTH ASSOCIATION
INSPIRING HOPE AND HEALING

Riskin Children's Center

The Riskin Children's Center (RCC) provides comprehensive, accessible, and culturally appropriate mental health services for children and teens ages 6-18.

We provide strength-based individual and family counseling to treat depression, anxiety, grief and loss, post-traumatic stress disorder, oppositional behaviors, and difficulties with attention, behavior, or peer relationships.

Some of the concerns which may be facing your child and could possibly benefit from clinical intervention include:

- Sadness or minor depression
- Coping with issues of grief and loss
- Difficulties with attention, behavior, or peer relationships
- Oppositional attitudes and behaviors
- Anxiety or frequent worrying
- Early indicators of more serious psychiatric conditions

Each child receives a personalized treatment plan designed to effectively address their individual situation.



ASSESSMENT

Professional therapists conduct a full evaluation of the child and/or teen so that a personalized, comprehensive treatment plan is developed to effectively address their individual situation. RCC focuses on providing services to children and families who are insured through Medicaid. RCC does not refuse services based on one's ability to pay.



THERAPIES

Play therapy, art therapy, and drama/music therapy are incorporated as child-friendly elements of treatment. Age-appropriate socialization activities are integrated into the program for older participants.



PARENTING SKILLS

A variety of child-rearing techniques are discussed to help parents find an effective model that works with their families style and aids in their child's treatment and recovery.



ABOUT OUR DOCTOR

Dr. Amy Borg-Glickman believes in a holistic approach to children's mental health issues and she practices with a compassionate and caring demeanor. She is certified by the American Board of Psychiatry and Neurology in Child and Adolescent Psychiatry. A graduate of the University of Pennsylvania and the Drexel University School of Medicine, Dr. Borg-Glickman is a member of the American Child and Adolescent Psychiatric Association, as well as the New Jersey Council of Psychiatry.