

Contact / Referral Information:

Essex Office

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Morris Office

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Sussex Office

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Or email us at AOT@mhainspire.org

The mission of the Mental Health Association is to promote mental health, including the integration of physical healthcare, to improve the care and treatment of individuals with mental illness, and to remove the stigma associated with emotional and mental disorders.

We, as a community organization, accomplish our mission through advocacy, education, prevention, early intervention, treatment, and service.



www.MHAinspire.org

Assisted Outpatient Treatment

For individuals living with a mental illness who have been recently hospitalized.



Assisted Outpatient Treatment

Assisted Outpatient Treatment Services (AOT) delivers community-based mental health services under a civil commitment court order to individuals with severe and persistent mental illnesses.

AOT is an alternative to involuntary inpatient hospitalization for eligible consumers in Essex, Morris, and Sussex Counties.



GOALS

The goal of AOT is to enable individuals to live safely within their communities, to avoid repeat hospitalizations and to ensure access to outpatient mental health services.



ELIGIBILITY

- An adult who is 18 or older and not at risk of a medical crisis.
- A Essex, Morris, or Sussex County resident.
- A serious mental illness, that if untreated, will cause the individual to be a danger to self, others, and/or property in the reasonably foreseeable future.
- Assessed as able to safely be served in an outpatient setting within the community.



CO-RESPONDING INITIATIVE

MHA's Co-Response Program delivers community based crisis response in collaboration with local police departments, ensuring that individuals in a mental health related crisis feel safe and supported and have the opportunity to stabilize. Co-Responders are notified by dispatch about emergency calls involving individuals with MI (mental illness) or CMISA (co-occurring mental and substance abuse).

Co-Response improves public safety and reduces the risk of harm to individuals with mental illnesses or co-occurring substance abuse who encounter law enforcement.