

Contact / Referral Information:

Morris Office

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Or email us at
SeniorInHome@mhainspire.org

The mission of the Mental Health Association is to promote mental health, including the integration of physical healthcare, to improve the care and treatment of individuals with mental illness, and to remove the stigma associated with emotional and mental disorders.

We, as a community organization, accomplish our mission through advocacy, education, prevention, early intervention, treatment, and service.



www.MHAinspire.org

In-Home Therapy for Seniors

Providing in-home mental health services to the geriatric population.



In-Home Therapy for Seniors

In-Home Therapy for Seniors provides high-quality, mental health services to the geriatric population who cannot access services due to barriers related to their inability to leave their homes.

The goal is to help seniors regain their mental health and enter into productive lives as individuals, family members, and members of society.

Seniors shall receive psychotherapy services appropriate to their needs in order to improve the quality of their lives.

This program is supported in part by the Morris County Commissioners.

How We Help

In-Home Therapy can help:

- Increase their level of functioning on a day-to-day basis to reduce any negative symptomology.
- Aid them in developing positive coping strategies to use in the future.
- Provide coping skills.
- Assist them in making connections with other community services.



ELIGIBILITY

Senior adults residing in Morris County with mental health needs.