

SAFE DATING FOR YOUTH

What is safe dating?



Both partners:

- Respect each other and their opinions
- Support each other goals and ambitions
- Encourage each other to have their own friends
- Have their own identity outside of the relationship

Signs of abusive relationships:

- Are you dating someone who...
 - Tries to control you by making all the decisions
 - Threatens or intimidates you
 - Makes you feel like you're walking on eggshells
 - Grab, pushes, shoves, or hits you
 - Makes friends or family uneasy or concerned for your safety



You are allowed to set boundaries with your partner

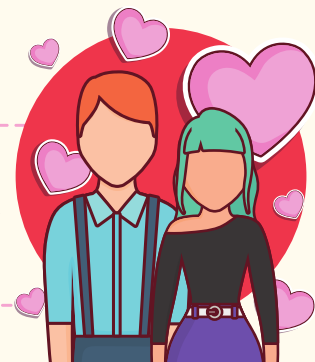


- If something doesn't feel right, have a conversation about it
- You are not obligated to share your passwords or social media account with your partner
- Use "I" statements to discuss your boundaries

Relationship Rights

You have the right to...

- Ask for a date
- Refuse a date
- Always be treated with respect
- Keep your friends
- Be treated as an equal
- Refuse sex at any time for any reason
- Feel safe



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