

# Prospect House | Mental Health Association

Prospect House (PH) is Mental Health Association's highly regarded psycho-rehabilitation program founded in 1956. This adult day treatment program/partial care program helps individuals 18 and older successfully manage their mental illness and significantly lower their risk for re-hospitalization by catering to a person's individualized mental health, emotional, physical and social needs.

## Prospect House services include:



Multi-disciplinary **team of mental health professionals** including a psychiatrist, APN, RN, master's level clinicians, and bachelor's level case managers.



On-site **primary care services** to provide routine medical follow up including blood work and drug screening if required.



**Breakfast**, light refreshments and **lunch** served daily.



**Transportation** to and from program.



Self service **laundry** available.



**Gym** facility available.

Prospect House is open

**Monday through Friday, from 8:30 AM to 5:00 PM.**

Individuals are assisted in creating a unique daily schedule of their choice that includes group therapy, co-occurring and substance use groups, illness management and recovery (IMR), pre-vocational training, art therapy, gaming, coding and horticulture groups, etc., intended to engage individuals in their treatment and effectively achieve their goals towards recovery.

PH accepts referrals from community providers, local and state hospitals, as well as self-referrals.

Services are provided regardless of ability to pay. Staff will assist individuals in obtaining financial assistance and/or entitlements if eligible.

