

Substance Use Recovery and Empowerment (SURE)

Description

The Substance Use Recovery and Empowerment (SURE) program's goal is to assist individuals diagnosed with a substance use disorder, or co-occurring disorder in achieving long term recovery while living a fulfilling and productive life. SURE provides ASAM 2.1: Intensive Outpatient (IOP) and ASAM 1.0: Outpatient levels of care to individuals 18 years and older. The SURE program offers support and assistance in developing a recovery management plan addressing substance use, process addictions, and co-occurring disorder concerns. SURE provides individual and group counseling, psychiatric evaluations, and medication monitoring to support individuals with recovery and co-occurring disorders. The duration of treatment is determined based on clinical indication and medical necessity. The estimated length of treatment for ASAM 2.1 Level of care is approximately 14 to 16 weeks and the estimated length of treatment for ASAM Level 1.0 Level of care is approximately 8 to 12 weeks.

Personnel

The SURE Program is staffed by one Licensed Program Director, one Licensed Co-Occurring Counselor, and 1-2 graduate level interns.

Caseload

During FY2025, the SURE Program admitted 95 individuals. Of 95 consumers, 56 were admitted into the ASAM 2.1: Intensive Outpatient Program Level of Care, and 39 were admitted into ASAM 1.0: Outpatient Program Level of Care.

SURE consumers are insured primarily through Medicaid (73%), and Medicare (3%). The program also has grant funding through Morris County that covers individuals who are uninsured or have private insurance, aiming to increase access to treatment. Throughout the fiscal year, 24% of individuals served were able to access this funding to participate in and engage in SURE services.

During FY2025, the SURE Program received 36% referrals internally, 53% external, and 11% were self-referred.

Demographics

The SURE Program provides services to individuals residing in Morris, Sussex, Essex, Warren, and Passaic Counties. During FY2025, SURE served residents of Morris County (92%), Essex County (6%), Warren County (1%), and Passaic County (1%).

The program served consumers ages 20 to 68 years old. Of those served, 68% were male, and 32% were female. Regarding ethnicity, 68% identified as White or Caucasian, 18% Hispanic or Latino, 12% Black or African American, and 2% prefer not to say.

Performance Outcomes

In FY2025, the SURE Program delivered 3,690 units of service for ASAM Level 2.1 Level of Care, representing 829% of its overall targeted program commitment. Of these, 3,227 units were produced by consumers participating in IOP Groups. These units significantly exceeded the contracted thresholds (993%) for the 2025 fiscal year.

The program delivered 1,098 units of service for ASAM Level 1.0: Level of Care, amounting to 224% of its overall targeted program commitment. Of these, 718 units were produced by consumers participating in OP groups. These units greatly exceeded the contracted thresholds (287%) for the 2025 fiscal year.

In FY2025, 98% of SURE consumers successfully achieved at least one measurable, identified goal.

Consumer Satisfaction Surveys

In May 2025, SURE consumers were given the opportunity to participate in a Consumer Satisfaction Survey. The confidential survey included a total of fifteen questions formatted in a five-point Likert scale, demographic collection, and optional comment section. The survey was prepared in both English and Spanish, and offered in a paper format as well as a web-based link (SurveyMonkey). There was a 27.5% response rate with an overall satisfaction score of 89%.

Program Highlights

In FY2025, the SURE Program celebrated several significant consumer achievements during this reporting period. One consumer successfully obtained a Bachelor's Degree in Psychology and was accepted into a Master's Program, marking a major milestone in their academic and personal recovery journey. Another consumer was honored at the Hope One Symposium in March 2025 for sustained sobriety and meaningful contributions to the community. Additionally, three consumers secured permanent housing while also reaching one year of sobriety, reflecting ongoing progress toward long-term stability and recovery. The SURE Program also continued its partnership with a local resource center, supporting ongoing collaboration and access to important services.

Advocacy Activities

In FY2025, the SURE Program Director joined the Morris County Overdose Fatality Review Team (OFRT) which is a multi-agency, multidisciplinary team that reviews overdose deaths to identify trends and improve prevention, treatment, and public awareness efforts.

The SURE Program Director joined the New Jersey Prevention Network (NJPN) Clinical Supervisor Consultation Group which provides peer support and supervision cohort facilitated by clinical staff at NJPN.

The SURE Program also participates in weekly meetings with the Morris County Sheriff's Office Hope Hub, which is a multidisciplinary crisis intervention initiative aimed at supporting individuals and families facing acute, elevated-risk situations. This allows all participating to combine resources and expertise from across the community.

FY 2026 Goals

The SURE Program aims to strengthen its impact by enhancing community partnerships and increasing program visibility. Efforts will focus on establishing and deepening collaborative relationships with local organizations to boost referrals and increase census, ensuring continued access to care for individuals with co-occurring mental health and substance use disorders. The SURE program will also work to raise awareness through targeted outreach and community engagement strategies designed to educate the public and referral sources about available services. Additionally, in response to community needs, the SURE Program plans to expand its service offerings by exploring an evening Intensive Outpatient Program (IOP) to improve accessibility for individuals with daytime obligations. These goals reflect the program's commitment to meeting the evolving needs of the community and enhancing recovery outcomes.