

Monday Meet Up

**A social drop in group
for adults between the ages of 20 to 30**

Coping with a mental health condition? You're not alone!
We're building a community this summer with a series of
weekly meet ups starting on Monday, June 8th at 5pm with a
pizza party.

Based on your feedback, future meet ups could include:
game night, music night, spoken word, and more.
Share ideas and experiences in a stigma free, supportive
environment.



**Mondays from
5pm - 6pm
June 8th - July 27th**



**With questions or to RSVP contact
Ann (Akoenig@mhainspire.org)
or Alexa (AMastrangelo@mhainspire.org)**



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