

VIRTUAL PRESENTATION

FRIENDS, FEUDS & FEELINGS: From Friendship Drama to Healthy Relationships



WEDNESDAY
October 28, 2026



12:00-1:00pm



Zoom Presentation

Friendship ups and downs are a normal part of growing up, but knowing how to respond can make all the difference.

This workshop provides parents and caregivers with strategies to help children:

- manage peer conflict
- cope with social exclusion
- navigate digital drama
- build healthy friendships

Participants will also learn when to step in, when to coach from the sidelines, and how to foster resilience through life's social challenges.

This webinar is for education and awareness only and does not provide diagnosis or medical advice.



PRESENTER
**NJ4S Prevention
Team Staff**

The NJ4S Prevention Team consists of twelve Prevention Consultants who are trained in a variety of mental health topics and presentations. The team is committed to providing relevant mental health education to the community.



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