

SUN	MON	TUE	WED	THU	FRI	SAT
		1 	2 Men's & Women's Group w/ Scott & Helise 3:30pm Community Meal 5pm Name That Tune w/ Helise 6pm	3 Virtual Group Gathering w/ Shane 12:30pm Recovery w/ Donna - 2pm	4 Let it Out w/ Helise - 12:30pm Community Meeting w/ Helise - 2pm Midday Movie Mesh 3:30pm	5 Karaoke w/ Scott 11am Grocery Shopping w/ Joe - 12pm Music Medicine w/ Scott - 1:30pm
6 	7 	8 	9 Men's & Women's Group w/ Scott & Helise 3:30pm Community Meal 5pm Bingo w/ Helise 6pm	10 Ask Aaron 12:30pm Recovery w/ Donna - 2pm	11 Let it Out w/ Helise - 12:30pm Community Meeting w/ Aaron - 2pm Housing Support Services w/ Tracey 3:30pm	12 The Gathering Mind w/ Scott 11am Grocery Shopping w/ Joe - 12pm Music Medicine w/ Scott - 1:30pm
13 	14 Trials to Triumph w/ Helise - 3:30pm Community Meal 5pm T-Shirt Decorating w/ Rebecca 6pm	15 	16 Life Skills and Goal Setting w/ Lakashia - 3:30pm Community Meal 5pm What's My Line w/ Helise 6pm	17 Ask Aaron 12:30pm Recovery w/ Donna - 2pm	18 Fruit Picking 12pm-4pm (must sign-up in advance)	19 Board Games 11am Grocery Shopping w/ Joe - 12pm Music Medicine w/ Scott - 1:30pm
20 	21 Who Am I? w/ Helise 3:30pm Community Meal 5pm Mandala Paintings w/ Helise 6pm	22 	23 Men's & Women's Group w/ Scott & Helise 3:30pm Community Meal 5pm Board Game Night 6pm	24 Art Therapy 11:30am Recovery w/ Donna - 2pm	25 Let it Out w/ Helise - 12:30pm Community Meeting w/ Aaron - 2pm Housing Support Services w/ Tracey 3:30pm	26 Movie Saturday 9:30am Grocery Shopping w/ Joe - 12pm Music Medicine w/ Scott - 1:30pm
27 	28 Meal Planning w/ Helise - 3:30pm Community Meal 5pm Bingo 6pm	29 	30 Men's & Women's Group w/ Scott & Helise 3:30pm Community Meal 5pm Faith Fellowship Church 6:30pm			

